

# MYC NEWS



October 2012

## President's Report

After almost ten years of service to the club, our book-keeper Sue Young is retiring.

Sue has been a stalwart of the club and has kept our accounts and our membership in line for many years. She will be missed, and the board and I extend our deep-felt thanks for her service and good wishes for her future.

As a result of Sue's departure several vacancies have opened up. Elsewhere in the newsletter you will see notice of four roles the board are looking to fill, including book-keeper, membership and club manager.

These are paid roles and as a first step they are being offered to club members. If we are unable to fill the roles from within our ranks we will go to the open market to fill these roles. If you feel you have the necessary qualifications and are interested in some part time work I encourage you to send us your expression of interest.



If you come to our AGM's you will be aware that the club is in a good financial state, and the board is keen to spend some of that money for the benefit of members.

First cab off the rank will be air conditioning for the hall (and possibly the office). Since we are now unable to open the street-side windows for ventilation due to noise and neighbours, this will make the hall more comfortable for club events as well as for hall hirers, both in summer and winter.

Other projects include painting the street exterior of the building, which is badly needed, and repairs to our sewer lines which we hope will prevent future blockages and overflows of the system.

Well that's about all for this month. See you all on the water.

David Lewis

### **EXPRESSIONS OF INTEREST – ANOTHER RSA COURSE?** (*Responsible Service of Alcohol course*).

A number of club members have expressed an interest for another RSA course to be held at the club. We need a minimum of 10 attendees. If you would like to attend an RSA course, please contact the MYC Licencee, Stephen Teudt at [stephen@techsol.net.au](mailto:stephen@techsol.net.au) mob: 0411 262 121

### Journal of Manly Yacht Club

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# Centreboard Results & Point Score

## RACE 1 [16/09/2012] Centreboard Club Champs CB CC 1

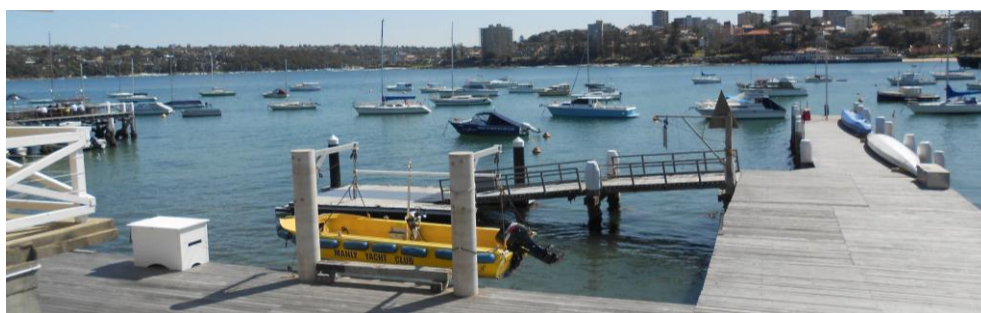
Division 3 Mixed Class YS results Start : 14:00 Wind 15 knots at 45 deg. Waves 0.5m.

Place	Sail No	Boat Name	Elapsd	YS	YS Cor d T	Skipper	Class	Score	Fin Tim
1	156731	Seanile	1:01:31	113	54:26:00	I Cameron	Laser	1	15:01:31
2	179391	Sin Sceal Eile	1:03:38	113	56:19:00	P Reid	Laser	2	15:03:38
3	156769	Grampage	1:06:05	113	58:29:00	G Reid	Laser	3	15:06:05
4	148665	Sqwall	1:06:59	113	59:17:00	C Wall	Laser	4	15:06:59
5	101475	Charlies Angel	1:15:30	116	1:05:05	V Morgan-Smith	LaserRadial	5	15:15:30
6	123247	Gumbaru	1:19:20	113	1:10:12	R Beck	Laser	6	15:19:20



## MYC CB Spring Point Score 2012-2013 Results Race 1

Place	Sail No	Yacht Name	Skipper	Handicap	Start Time	Actual Start Time	Finish Time	Adjusted Finish	Elapsed Time
1	148665	Sqwall	C.Wall	0:09:00	14:00:00	14:00:00	15:06:59	<b>15:15:59</b>	1:06:59
2	156731	Seanile	I.Cameron	0:15:00	14:00:00	14:00:00	15:01:31	<b>15:16:31</b>	1:01:31
3	179391	Sin Sceal Eile	P.Reid	0:13:00	14:00:00	14:00:00	15:03:38	<b>15:16:38</b>	1:03:38
4	156769	Grampage	G.Reid	0:11:00	14:00:00	14:00:00	15:06:05	<b>15:17:05</b>	1:06:05
5	123247	Gumbaru	R.Beck	0:00:00	14:00:00	14:00:00	15:19:20	<b>15:19:20</b>	1:19:20
6	101475	Charlies Angel	V.Morgan-Smith	0:05:00	14:00:00	14:00:00	15:15:30	<b>15:20:30</b>	1:15:30



# Three (3) Expressions of Interest Sought

With the new MYC Organisation Chart (provided to members in this newsletter), three support positions have been identified on a fee-for-service basis. The broad details for these positions follow.

## 1) MYC Manager

Duties Description - General management, RSA Roster, Duty Roster, and Twilight Series management. This position reports to the Board through the Treasurer.

### General management includes:

- Maintain the club asset register
- Manage insurance policies and renewals including dealings with broker to find simplest cost effective insurances for club, check all boats are listed as fleet changes.
- Coordinate and supervise accounts for telcos, services, cleaning, garbage, software, moorings, etc. Work with Bookkeeper and Treasurer to ensure payments on time
- Assist with aquatic license preparation and application
- Assist with the preparation and publishing of the annual club handbook
- Assist with the membership register. Chase members in arrears.
- Handle general correspondence including draft replies
- Monthly Status Report to board
- Manage boat storage and moorings
- Assist with hall hire promotion, assist enquirers and event organisers (on commission basis)
- Supervise and restock any club consumables (for office, bathrooms, kitchen etc.)

### RSA Roster includes:

- Organise a roster of RSAs for all club events.
- Hire RSA's for events when no volunteers available

### Duty Roster includes:

- 'Own' and manage the duty roster
- Work with Race Directors to find Race Officers if slots are empty

### Twilight Series management includes:

- Organise / supervise caterers
- Organise / supervise RSAs
- Open/Close club
- Run the *crewfinder* facilities (whiteboard and contact mobile phone)
- Assisting RDs with the events

Please send your expression of interest and relevant supporting information to [info@myc.org.au](mailto:info@myc.org.au). Please use 'Office Manager' as the subject. Interviews will be arranged in early-mid November.

## 2) Legal Representatives

Expressions are sought initially from MYC members who work for or with a suitable legal practice who could formally advise the MYC board on legal issues. This is to establish a 'legal counsel' service for the club on a fee-for-service basis. This is not a pro-bono position.

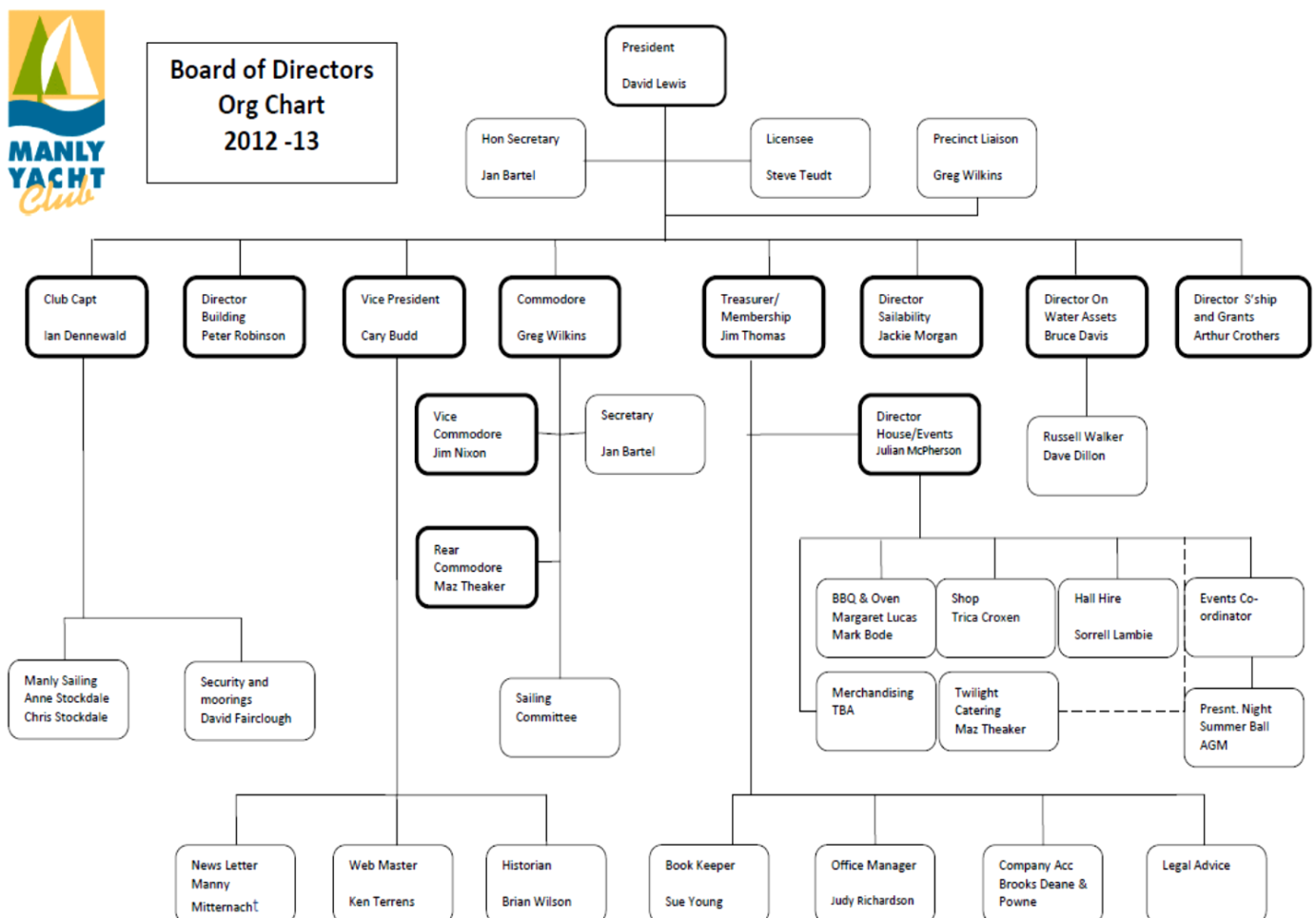
Please send your expression of interest and relevant services and experience to [info@myc.org.au](mailto:info@myc.org.au) Please use 'Legal Counsel' as the subject

## 3) Bookkeeper and Membership Officer

Bookkeeping duties include General Accounting, End of Year, Race entries, Hall hire (accounting) and producing monthly reports for the Board via the Treasurer.

Membership Service duties include processing new applications, maintaining membership records (also YA membership records), and invoicing members. Must be MYOB proficient.

A more detailed description of these duties is available through [info@myc.org.au](mailto:info@myc.org.au). Please use 'Bookkeeper' as the subject





# MYC Juniors – October 2012 Update

MYC Juniors is off to a flying start at the club this season. We have 20 kids registered sailing in 13 dinghies scheduled to start on Saturday 13 October. So that's 6 Pittwater Juniors, 6 Manly Juniors and one Flying 11. And there are more kids coming from Manly Sailing's Learn to Sail Program.

The kids can't wait for the sailing to begin after what seems like a long winter of planning and preparation. The Juniors committee have very been busy totally redesigning the structure and format of the program, putting that in the handbook, buying new boats, fixing old boats (a lot of that), finding instructors, designing forms, designing dinghy racking – you name it we've done it. Well done to all involved – great job, and we are nearly there with everything ready.

Special thanks go to the following people who don't have kids in the program but have helped us so much in the off-season:

- David Dillon – he has been tripping all over the country-side inspecting new boats for us. He is just about to start with some more hard labour fixing up some dinghies for us next week. Great contribution!!
- Ian Dennewald – Ian has taken up our crusade for state-of-the-art racking in the Juniors sheds. He has done some brilliant planning together with our boat captain David Poole and he is starting the build this week (early October).
- Bruce Davis – he tried to get rid of us but there's no way he can. He's always there even when he's 2,000 miles away.
- Barry – put in our new ladder next to the crane. Well done Barry – we needed that desperately.

Apart from the committee and other volunteers helping, the newly registered parents have been joining in the spirit with hours dedicated organising registration day, at rigging day and other boat working bees. Good to see – let's hope it doesn't wear off too quickly.

We start with 4 weeks of training then we are into the Juniors race series. We have a small Cruisers group and a large group of racers. Both groups will be

training together on Saturday afternoons. When we get more kids we will branch out and sail the cruisers group on Sunday mornings - as we did last season. We have another great coach from the UK who is working together with Manly Sailing and MYC.

See photos of old MYC MJ's which were donated to Jervis Bay sailing club last year. They obviously had a bit more time than us to get them up to scratch. Promise we'll have plenty of photos of our Juniors in the next issue.



As with other parts of this club there is always plenty of volunteer work to do. If you want to lend a hand and/or experience a *relaxing* day with Juniors Sailing please give me a call and we'll see where we can fit you in.

See you out on the water throughout the summer.

Greg Taranto



**MYC Juniors** provides coaching and a series of racing and develops kids from beginners to racing ability. It runs on Saturday afternoons of school Terms 4 and 1. It is run by a sailing instructor and parent volunteers.

All kids from 8 to 15 years are welcome. More information: <http://myc.org.au/racing/juniors/juniors.shtml> For further information and to register interest for your child/children please **email** [juniors@myc.org.au](mailto:juniors@myc.org.au) or call **0412 426 584** and talk to **Greg Taranto**

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# Commodore's Report

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The twilights are coming! The twilights are coming! We have 34 entries already, but I'm sure there are more coming. So let me remind you that the later you get your entry in, then the less time the handicapper has to give you a starting time... which can make him unhappy. Do you really want to have your handicap set by an unhappy handicapper? So get your entries in NOW! Just click on the Enter Online button on the website! I'm looking forward to the new twilight caterer who has a Spanish theme and our first night is pealla night! Also we have a few club volunteers and members between boats that would love to get out on the twilights. So if you are looking for extra crew or have space to say thanks to a volunteer, then please contact the crew coordinator on the crew link number: 0400 269 148.

The Sunday sailing season is well under way and last Sunday's CC-2 was a serious day out on the harbour with 20-25kn, broken masts, broken rudders and engines that would not start (amazing none of these was on Two Can). But despite the problems of the day, we had no injuries, all divisions started OK and there was great racing! Well done all!

However, unfortunately not all series have been well subscribed and the offshore series has only had 6 entries of which 3 cannot participate in at least one of the next 2 races. So we've decided to cancel the next 2 offshore races and concentrate our efforts on the offshore races after Christmas when we expect all current entrants to have masts, crew and availability, plus we expect a few more boats to enter. If you are contemplating entering your boat in the offshores, then this cancellation gives you time to get your boat and crew ready and also have a chance to compete in the series as well. As well as the ever popular Pittwater race, a Saturday race to Cronulla is scheduled for the offshores early next year.

Observant members may have noticed a few new boats around the club. Firstly there has been a SB3 on the hold off buoys which is being sailed by some

elite Australian sailors to training for the World Championship at Hamilton Island this December. Look out for them as I think not only are they an inspiration to all sailors, but I think boats like the SB3 are a good aspirational target for our own juniors as they outgrow dinghies. Also the S80 Madam Butterfly (aka B1) has been leased to a new crew and scrubbed up ready for a season of social and competitive sailing, so Aida will have some direct competition and we'll have another boat in the fleet. Make sure you say hi if you see them out and about! In addition, the club is buying another PJ, to revitalise our fleet to 6 club boats and 8 in total. This is continuing the fantastic growth in our Junior sailing, thanks to our volunteers, parents and Manly Sailing.



While on the subject of youth sailing, my own boat Esprit has been out helping train Australia's entry in the Student Yachting World Cup (SYWoC) later this month and will be contested by over 150 university students from 15 countries and over 20 entries - all sailing identical Archambault Grand Surprises. As mostly laser sailors they have a bit of a step up to a real boat :) and the serious seas, winds and tides of La Rochelle France. You can follow their progress on <http://www.sywoc.org/>

Happy sailing, Greg Wilkins

## **Tuesday Women's Yngling Twilight!**

The club has been corresponding with the Yngling association about possible junior racing and their participation in the women's challenge. This season they are having a Tuesday night, lady helm twilight regatta starting in November and have extended an invitation to our lady helms/crew to participate in one of these Yngling races, as an excellent way to practise for the Womens Challenge and to enjoy a different sailing experience. If there is interest, please contact [commodore@myc.org.au](mailto:commodore@myc.org.au) and I'll put you in contact. Note also that now is a good time to start reminding all female sailors in our club and others that the MYC women's Challenge is the premium gender centric race in Sydney and that it's never too early to do some match making between helm, boat and crew in order to prepare for the event.

# Sailability News

## Training a hit with new and regular volunteers

After the very successful Orientation session to attract new volunteers, it was an enthusiastic bunch who turned up for training on Sat 15<sup>th</sup> Sept.

Since last season, Eli and Jude have assessed the processes and capabilities required to run a smooth and safe sailing day, and updated many of the role descriptions. On the whole, volunteers have embraced the changes, and these are being implemented gradually.

Safety Boat Skippers and their back up crew on Charlie's Chariot, the safety boat, are practicing their skills, and dinghy skippers are becoming more familiar with reefing systems.

With Alan Bimson filming, the team are producing short videos to be posted under "Training" on the website. People rostered on can do a quick refresher before coming down to make the sailing day a safe, efficient and enjoyable experience for everyone involved.



Volunteers Yuki and Isabella

## Freshwater Celebration – Sunday 16<sup>th</sup> September

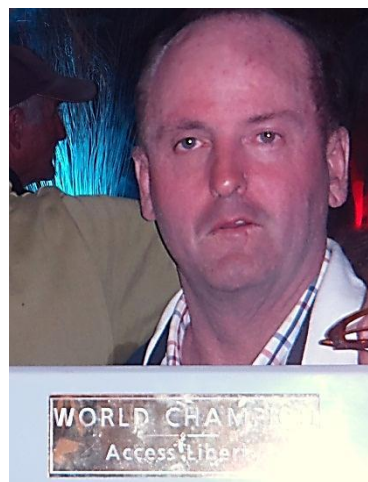
Raising awareness of Manly Sailability in the local community and supporting one of our partners Bendigo Bank, Freshwater Branch, was the reason we took "Dolly Wallis" to the fair. This was to mark the 10<sup>th</sup> Anniversary of the Bank, and celebrate the diversity of the popular beachside suburb.

Young visitors enjoyed trying a "dry" sailing experience and testing the cockpit for size, giving the joystick a workout! Volunteers are to be thanked profusely for giving up part of their Sunday

to greet visitors with stories of what it means to be part of Manly Sailability.

## Greg Hyde nominated for "Sailor of the Year – with a disability"

It's more than likely Dan Fitzgibbon, Gold medal winner in the Scud class at the Paralympics will win the award, but congratulations to Greg for the nomination for his win in the Access Liberty World Titles.



Nominated: Greg Hyde

Greg is mounting a campaign for the 2016 Paralympics in Rio, starting this month with an important 2.4 Regatta in Canberra. Greg has moved his boat, sponsored by Windsurfer Australia, to Canberra, where the most competitive fleet in Australia regularly races.

With the experience he's gained about the selection requirements during the last 2 years, he should stand a much better chance. Matt Bugg, the Tasmanian who represented Australia in London, came 7<sup>th</sup>. Good luck to Greg in his campaign.

## Try Sailing Access 303s – Sun 4<sup>th</sup> Nov

With Try Sailing scheduled for Sun 4<sup>th</sup> Nov, Sailability encourages MYC members to try sailing in our special



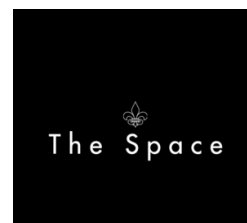
Jannie

members.

little craft! If you enjoy it, consider volunteering one Sat morning a month, we always welcome new skippers with sailing experience, and you'll be rewarded immediately with smiles from our disabled



# Sunday 23<sup>rd</sup> – Summer Series 1



The day was superb – 26 degrees C and 10-20knots NE wind , blue skies – just as God made Manly!

A disappointing turn up of boats with 11 yachts in total from 23 entrants in both divisions and 10 finishers. Our guess was that school holidays played a part in this (or everyone slept in!)

But those who did race were treated to a beautiful day on Sydney Harbour. Judy our astute resident starter sent the fleet on a long scenic course up the harbor around Shark and Clark islands into Balmoral and home, to sniff out all the cracks and crevices of the harbour shoreline. One boat in fact wasn't happy with just sniffing the shore but felt compelled to touch it (bonk!) – all crew ok , not sure about the boat.

Mostly though the race was uneventful and many boats sailed so well they had that winning grinning feeling back at the ranch. The anticipation of snaring the wine and waxing made for an electric BBQ sausage sizzle. And all in all those that sailed the best ,won!

Thank you to our fabulous sponsors “The Space” and the race management team for the day for a job well done creating a most enjoyable day for all those who participated.

I have put in a special order for more superb Manly Sydney Harbour sailing days for the rest of the Summer Series so cmon all you aussie gold medal sailor conrads- hope to see you on the water next race.

Janette Syme

## **SPECIAL REMINDER**

Could all boats who do not complete the course for whatever reason please notify the duty officer by radio,(VHF 72) or phone ( 99774949) or by word of mouth if you are back at the club. It makes life easier for the race management team for the day's proceedings and of course helps to keep all the sailors and volunteers safe and sound. Thank you.





# Mini Regatta Prize a Win for the Family

**D**uring the first week in October (school holidays), thanks to Colin Cameron who gave me, my daughter Jodie and my two grandchildren, Jas and Jack the Mini Regatta prize from our sponsors of a two night stay at the Pittwater YHA, with kayaking included. Michael Doherty and Sarah Polomka were most welcoming after an uphill 15min walk, which we all managed, much to our surprise with our backpacks and supplies.



We met a beautiful family on the first day (who originally lived in the area) and all the kids entertained themselves, enjoying an evening outdoor fireplace and a game of Monopoly in the lounge room. The second

day we met Mark Philips (PJ's Boat Builder of Dinghy Sports) and his family from Avalon and along with Michael we exchanged stories and tall tales about Bruce Hitchman, Graham (Radical), and of course

Michael sailing on Copernicus.



The house was built by Charles Hall as a family home in the 1920s. YHA activist Ebena Isle bought it in

the 1950s to replace the hostel on the other side of Morning Bay, which had been closed. The house is in excellent condition and still has some lovely 1920s feel about it with original windows, a large deck to view over Pittwater, while enjoying your meal, a cuppa or a cool drink or two!, while keeping an eye on the free range kids as well as the free range wildlife and the

un-spoilt surrounding bush. There's plenty of things to do, including kayaking, bush walks or just hang out on a hammock and catch up on a few zzzz's ... which I did after kayaking and bush walking.

The great thing about the hostel, everyone is very friendly, including the Brush-tailed Possums, Rock Wallabies, Cockatoos, King Parrots, Goannas, Bush Turkey's and the large Octopus that was caught off the Morning Bay Wharf by a family fishing.

The highlight for me was watching from the deck the golden full moon, rising above the coast line and reflecting over Pittwater with a wee glass of red,



Kayaking with my daughter and grandkids and walking around Morning Bay at low tide and watching all the children interacting with each other and

having a fantastic time. Michael was impressed how all the kids made their own fun and not a DS, iPod or iPad was in sight (thanks to the parents).



What a wonderful part of the world we live in and near ... thank you Michael and Sarah, my grandchildren are hoping Bokarra will win again next year? I guess by then, I think young Hamish, Marcia and Iain Cameron may take up the Pittwater YHA challenge, a prize well worth winning... that's for

sure... I still love my wee car it's still on show on my shelf, thanks Chris Stockdale for a great series.

Margo Lucas

Michael and Sarah Pittwater YHA Managers

Ph: (02) 9999 5748 (8-11am and 5-8pm) or

[www.yha.com.au](http://www.yha.com.au)

# A tough day at the MYC coalface - race 2 of the Club Championship

Words and Pictures by Jim Nixon

I had an idea it was going to be a bad day when my mobile beeped a message from Sorrell Lambie: "Don't forget the clocks have changed". Of course I had, as I have done for the past four years, and it soon became a *Four Weddings and a Funeral* type of morning. Following a rush to the supermarket for the after-race snags, the next mission was a mad pedal to the club to meet some new volunteers (Kandy and Terry).



With a forecast of 25 knots from the south adding to life's difficulties, Robbie R then decided to conk out about 50 metres from the rocks at

Fairlight as the race team was on its way to Carlyle. (Our resident seer Bruce Davis had rung from the reef a few days before to ask whether RR needed a service ... well, yes, it does, Bruce!).



We dropped an anchor while I checked the fuel lines and filter, which was the problem. After getting the motor restarted, of course the

anchor wouldn't come up! With no time to muck around, we buoyed the snagged pick (memo to all RR crew: always take an extra marker anchor and buoy) and headed off to Carlye in search of our next snafu.

With RR conking out every 100 metres or so we decided to switch boats and, thanks to Sailability, borrowed theirs for the rest of the day. The race starts were great to watch, with Jim Thomas and Graham Radford having a ding dong battle as the flag dropped (see the pix on the MYC website).

Finally, as the centreboards got away, the crew on RR - Natalie, Terry and I - had a chance to have a breather, so we motored up to the lee behind Cannae Point to have lunch. Anchor down and set, we had just started on our sandwiches when the VHF crackled to life with Steve Teudt on Two Can speaking in urgent terms.



Cheap Thrills had lost its mast and was in the middle of the Sound struggling to return to Manly. Lunches down,

anchor up and we were soon bashing our way out between the Heads. It seems CT's mainsail had pulled out of the mast track, putting a massive load on the top of the mast and it soon crumpled. Barry Mifflin and his crew had it all under control and we accompanied them back to North Harbour where they began to sort out the mess.



It wasn't the only retirement, with Cincinnati Kid pulling out with rudder problems. It really was one of those days, but it wasn't over yet ... I also managed to lose

the club's handheld VHF. All in all a tough day at the coal face.

Postscript: The recalcitrant buoy was retrieved the following day and the VHF found in Charlie's Chariot's locker.



## PEPPER TREE WINES



# Where's the Ferry?

It's the start of the sailing season so... a timely reminder to be aware of ferries and shipping in the harbour.

**All competitors must keep 500m from the bow of a ship and 200m from the bow of a ferry; and at least 30m from the sides/stern of any ship or ferry underway.**

Large ships and ferries are severely restricted in their ability to manoeuvre and are unable to stop quickly. Some are restricted to navigation only within the confines of a narrow navigation channel due to their draft. The Masters of vessels should be aware that the pilot of some larger ships can not see a vessel that is less than one nautical mile ahead of the ship.



The “Big Ships – small boats” video provided by NSW Maritime gives the following advice:

1. Recreational boats both power and sail should keep well clear of large vessels and ferries. They are difficult to manoeuvre.
2. Do not cross ahead of large vessels or ferries unless well ahead.
3. Do not cross too close astern of a large vessel or ferry (there could be someone coming from the other side).
4. Stay away from the lee side of ships because there is an enormous wind shadow that will becalm you.
5. As a general rule, yachties should know that in a race you may not only incur penalty points if you are seen to impede the passage of a commercial vessel, you can also be charged with negligent navigation.
6. Always keep to the starboard side of the channel.
7. Do not cross a channel if you are going to impede the vessel which has to use the channel.

See <http://www.maritime.nsw.gov.au/bigships/index.html> for more details.

**Many Ferry timetables are available at <http://www.sydneyfastferries.com.au/time-table.aspx>**

Do not manoeuvre close to the ferry lane when your start time in the Twilights (or other MYC series) puts you in close proximity to the arrival or departure time of the ferry. When starting or finishing a race, you must do so on the western side of the ferry lane.

All yachts are governed by Maritime NSW regulations regardless of whether they belong to a yacht club or not and owners should ensure that their yachts comply with these regulations. Yachts are required to display navigation lights when travelling on the water after sunset or when visibility is poor.

Check for shipping movements before you race. <http://shipschedule.sydneyports.com.au/Marineoperations/movements.asp>.



## HANDBOOK ERRATA

Please note new contact for Manly Boat Shed:

[Info@manlyboatshed.com](mailto:Info@manlyboatshed.com)

### Manly Boatshed

*Wishes all Manly Yacht Club members  
a season of fair winds and great sailing.*

Call us for all your boat's needs:

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Call Hugh Treharne on 9948 3473

Manly Boatshed Pty Ltd, Bolingbroke Pde, Fairlight.

[info@manlyboatshed.com](mailto:info@manlyboatshed.com)

## NEWSLETTER EDITOR WANTED

MYC is looking for volunteers to share the load. If you have any ambitions about putting together a newsletter, either in the capacity of content or layout, we need **YOU!**

Contact [newsletter@myc.org.au](mailto:newsletter@myc.org.au) if you are interested.



**YNSW BOAT INSURANCE**  
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## IS YOUR BOAT INSURANCE DUE?

YNSW and Nautilus Marine Boat Insurance has joined forces to deliver the best insurance packages for sailors.

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See if this policy works for you and help your club in the process... log on to [www.ynswinsurance.com](http://www.ynswinsurance.com)

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# TRAINING REMINDERS

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**Monday 22 October, 7pm at MYC**

**RACING RULES OF SAILING** - presented by Mark Pryke, ISAF international judge and international race officer.

Mark Pryke will join us in October to discuss the detail behind the rules, which are the most important rules and what they actually mean when you're on the water.

Mark is currently an ISAF international judge, international race officer and a former international umpire. Over the last 12 years he's been a member of various ISAF committees, as well as ISAF technical delegate to various events and 3 Asian Games.

**Cost: \$15**

**RSVP:** [Training@myc.org.au](mailto:Training@myc.org.au)



**Thursday 22 November, 7pm at MYC**

**RACING TACTICS AND STRATEGY** – presented by Carl Craford with Brent Fowler, Quantum Sails

Quantum's Carl Craford and Brent Fowler will present an evening seminar on Racing Tactics & Strategy, to help you kick off your summer season of sailing.

Carl has a wealth of experience including 26 Sydney to Hobarts (winning 4 as navigator), 9 Admirals Cups, 9 Kenwood Cups, as well as logging over 150,000 offshore miles.

Brent has been a key member of Australian and Asian IRC Regatta winning teams. He turned heads at 23 years of age when he helmed the first Australian Team at the Med Cup in the Soto 40 Series, with an average age on board of 24.

**Cost: \$15**

**RSVP:** [Training@myc.org.au](mailto:Training@myc.org.au)

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# Club Championship Race 1, D1&D2

## CC1, Div. 1

D1 PHS results Start : 12:55														
Class	Place	Sail No	Boat Name	Elapsd	AHC	Cor'd T	BCH	CHC	Skipper	Score	Fin Tim	ETOrd	DidNot	Design
D1	1	6689	COPERNICUS	02:18:33	0.973	02:14:48	0.996	0.981	G Zyner	1.0	15:13:33	2		Radford12
D1	2	6776	DANCES WITH WAVES	02:15:52	0.995	02:15:11	1.016	1.002	J Thomas	2.0	15:10:52	1		Beneteau 40.7
D1	3	AUS1161	WILDLIFE	02:20:13	0.973	02:16:26	0.984	0.977	I Fitzgerald	3.0	15:15:13	3		Etchells
D1	4	MYC12	SAN TOY	02:21:52	0.973	02:18:02	0.973	0.973	G Radford	4.0	15:16:52	4		Radford 12
D1	5	KA16	PAM	02:31:12	0.915	02:18:21	0.913	0.914	M Walker	5.0	15:26:12	7		5.5 Metre Class
D1	6	MYC32	ESPRIT	02:27:19	0.941	02:18:38	0.937	0.940	G Wilkins	6.0	15:22:19	5		Archambault 32
D1	7	MYC7	TENSIXTY	02:28:07	0.937	02:18:47	0.932	0.935	D Ashton	7.0	15:23:07	6		Radford 10.6
D1	8	MYC100	SHEAR MAGIC	02:41:53	0.915	02:28:07	0.853	0.903	R Steffens	8.0	15:36:53	8		
D1	DNC	4863	TWOCAN		0.903				S Teudt	10.0			DNC	Masrm 920



## CC1, Div. 2

D2 PHS results Start : 12:45														
Class	Place	Sail No	Boat Name	Elapsd	AHC	Cor'd T	BCH	CHC	Skipper	Score	Fin Tim	ETOrd	DidNot	Design
D2	1	MYC6	AIDA	02:14:49	0.735	01:39:05	0.772	0.747	B Spence	1.0	14:59:49	8		S80
D2	2	5830	CHEAP THRILLS	02:01:20	0.818	01:39:15	0.858	0.831	B Mifin	2.0	14:46:20	1		Ross 830
D2	3	NH1	OLD HABITS	02:09:35	0.799	01:43:32	0.803	0.800	B Shilland	3.0	14:54:35	3		Ritual 30
D2	4	6295	RATTY TOOHEY	02:10:05	0.796	01:43:33	0.800	0.797	I Dennewald	4.0	14:55:05	4		Northshore 340
D2	5	8081	BELLA	02:12:37	0.785	01:44:06	0.785	0.785	S McCarthy	5.0	14:57:37	7		Js8
D2	6	MYC34	SIP AHOY	02:11:41	0.802	01:45:37	0.791	0.798	M Bailes	6.0	14:56:41	5		Northshore 340
D2	7	7888	MANHATTAN	02:11:57	0.805	01:46:13	0.789	0.800	S Coleman	7.0	14:56:57	6		Beneteau Oceanis 37
D2	8	1255	MELODY	02:15:14	0.795	01:47:31	0.770	0.787	I Gattegno	8.0	15:00:14	9		Swanson Dart
D2	9	AUS4770	KAOTIC	02:06:52	0.870	01:50:22	0.821	0.858	A Crothers	9.0	14:51:52	2		J24
D2	10	5393	RUNAWAY TAXI	02:34:26	0.724	01:51:49	0.674	0.714	M McKenzie	10.0	15:19:26	10		Custom Jog 23
D2	11	MR24	CINCINNATI KID	02:50:57	0.672	01:54:53	0.609	0.663	D Smyth	11.0	15:35:57	11		Marauder 24
D2	DNC	1152	BOKARRA		0.700				C Cameron	15.0			DNC	Santana 22
D2	DNC	4436	OKAVANGO DELTA		0.870				J McPherson	15.0			DNC	J24
D2	DNC	6361	CZECH MATE		0.747				P Dressler	15.0			DNC	Beneteau 361





# Club Championship Race 2, D1&D2

CC2, Div.1

D1 PHS results Start : 12:55														
Class	Place	Sail No	Boat Name	Elapsd	AHC	Cor'd T	BCH	CHC	Skipper	Score	Fin Tim	ETOrd	DidNot	Design
D1	1	MYC100	SHEAR MAGIC	02:15:58	0.903	02:02:47	0.929	0.912	R Steffens	1.0	15:10:58	6		Adams 10
D1	2	6776	DANCES WITH WAVES	02:02:39	1.002	02:02:54	1.030	1.011	J Thomas	2.0	14:57:39	1		Beneteau 40.7
D1	3	MYC12	SAN TOY	02:08:44	0.973	02:05:16	0.981	0.976	G Radford	3.0	15:03:44	2		Radford 12
D1	4	6689	COPERNICUS	02:08:46	0.981	02:06:19	0.981	0.981	G Zyner	4.0	15:03:46	3		Radford12
D1	5	MYC7	TENSIXTY	02:15:44	0.935	02:06:55	0.931	0.934	D Ashton	5.0	15:10:44	5		Radford 10.6
D1	6	AUS1161	WILDLIFE	02:10:03	0.977	02:07:04	0.971	0.975	I Fitzgerald	6.0	15:05:03	4		Etchells
D1	7	4863	TWOCAN	02:21:32	0.903	02:07:48	0.892	0.899	S Teudt	7.0	15:16:32	8		Masrm 920
D1	8	MYC32	ESPRIT	02:17:12	0.940	02:08:58	0.921	0.934	G Wilkins	8.0	15:12:12	7		Archambault 32
D1	DNC	KA16	PAM		0.914				M Walker	10.0			DNC	5.5 Metre Class



D2 PHS results Start : 12:45														
Class	Place	Sail No	Boat Name	Elapsd	AHC	Cor'd T	BCH	CHC	Skipper	Score	Fin Tim	ETOrd	DidNot	Design
D2	1	6295	RATTY TOOEY	02:05:25	0.797	01:39:57	0.822	0.805	I Dennewald	1.0	14:50:25	1		Northshore 340
D2	2	MYC34	SIP AHOY	02:08:07	0.798	01:42:14	0.804	0.800	M Bailes	2.0	14:53:07	2		Northshore 340
D2	3	7888	MANHATTAN	02:08:48	0.800	01:43:02	0.800	0.800	S Coleman	3.0	14:53:48	3		Beneteau Oceanis 37
D2	4	NH1	OLD HABITS	02:12:18	0.800	01:45:50	0.779	0.793	B Shilland	4.0	14:57:18	4		Ritual 30
D2	5	8081	BELLA	02:20:24	0.785	01:50:13	0.734	0.775	S McCarthy	5.0	15:05:24	5		Js8
D2	6	MYC6	AIDA	02:29:04	0.747	01:51:21	0.691	0.737	B Spence	6.0	15:14:04	6		S80
D2	AVG	1255	MELODY		0.787				I Gattegno				AVG	Swanson Dart
D2	DNC	1152	BOKARRA		0.700				C Cameron	15.0			DNC	Santana 22
D2	DNC	4436	OKAVANGO DELTA		0.870				J McPherson	15.0			DNC	J24
D2	DNC	5393	RUNAWAY TAXI		0.714				M McKenzie	15.0			DNC	Custom Jog 23
D2	DNC	6361	CZECH MATE		0.747				P Dressler	15.0			DNC	Beneteau 361
D2	DNC	AUS4770	KAOTIC		0.858				A Crothers	15.0			DNC	J24
D2	DNF	5830	CHEAP THRILLS		0.831				B Miflin	10.0			DNF	Ross 830
D2	DNF	MR24	CINCINATTI KID		0.663				D Smyth	10.0			DNF	Marauder 24

CC2, Div.2



# icontact

**Optometrist Max Humphreys**

## **Why is it important to have an annual eye check-up? The importance of an annual eye examination doubles by the age of 40.**

I am going to give you two examples of people we have seen in the last couple of weeks. The first would probably not normally have got her eyes tested but it was lucky that she did and the second is someone who was struggling with her glasses for a long time.

Firstly, let me tell you about a 12 year old who came in earlier last week. She is the daughter of a patient of ours. Her father was very impressed with the thoroughness of the eye examination he had had with us and even said that it was the most thorough eye examination he had ever had including having seen an ophthalmologist friend of his in the past. Anyway, as a result of this he brought his three daughters in to see us last week. The youngest, who as I mentioned earlier, is just twelve years old had very high pressures in her eyes. Now let me stress that her vision is fine and there is no way that she would have known that she has high pressures. She cannot feel it. As a result of this she needs to come back within the next couple of weeks and we are going to dilate her pupils and also measure her pressures every hour or so throughout the day to see if they are consistently high and consequently if she is going to require any treatment to prevent damage to the nerve fibres at the back of her eyes and possible future loss of her peripheral vision.

The other person is the mother of another patient of ours. She has been wearing glasses since she was about four years old. Anyway, in the last year or so she has really been struggling with her vision. She was not getting good vision from her glasses, which were prescribed by another optometrist who she had been going to for many years. Furthermore, she has also been seeing an ophthalmologist for many years who told her that the reason her vision was poor was because she had a certain condition in her eye. Anyway, when she came to see us and we carefully checked her vision we came up with a glasses prescription, which she now has in a new pair of glasses and she says that it is the best vision she has had in years. We also sent her to have more extensive testing than we can do at the Centre for Eye Health, which is a free service in the grounds of the University of New South Wales and is funded by the Guide Dogs. Anyway, it also turned out that the condition of the eye she had been told she had for many years was also not exactly true.

So the reasons why it is important to have an annual eye check up are to make sure that both eyes are seeing as clearly as possible and are healthy since prevention is better than cure!

I will guarantee you that there are three or four people in your life that could benefit from an eye examination this month so here is a bit of fun for you. Anybody who successfully refers three new patients to us for an eye examination (including yourself!), which is fully funded by Medicare before the end of October will receive a \$100.00 voucher towards a new pair of glasses, which is valid until Wednesday, 5<sup>th</sup> December 2012.

**Get published! Please send Submissions for the next newsletter by 10.November to: [newsletter@myc.org.au](mailto:newsletter@myc.org.au)**

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